

BENEFICIILE VIRTUȚILOR DRAGOSTEI, MILOSTENIEI, DREPTĂȚII, HĂRNICIEI, RUGĂCIUNII, POSTULUI ȘI TREZVIEI ÎN VIAȚA CREȘTINILOR

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Abstract

Each virtue has a number of benefits for the Christians who acquire them. The virtue of love is at the center of the Christian virtues, since through this virtue believers can get closer to God, Who loves them very much. The Holy Apostle Paul in the Epistle to the Romans said: "God shows His love for us in that, for us, Christ died while we were still sinners" (Rm 5, 8). Therefore, it is fitting that the faithful respond to God's love with love. In addition to the virtue of love, believers must be merciful to support those in trouble, as God also showed mercy to the entire human race. He still needs to acquire the virtues of justice and diligence, so that he can respect God's commandments and increase in good things. In order to be helped by God in what they desire, believers must also increase in the virtue of prayer. In addition to prayers of supplication, it is proper to offer to God prayers of thanksgiving and praise for all the things God has done for them. The virtue of sobriety brings into the life of the faithful a state of vigilance, through which they are attentive to all things that could lead them to bodily and spiritual passions. The benefits of the virtues of love, charity, justice, diligence, prayer, fasting, sobriety can also be discovered by studying the Holy Scripture and from the lives of the holy fathers of the Church, who reached a very high level of spirituality, by practicing virtues.

Keywords: virtues, love, charity, justice, diligence, prayer, fasting, sobriety

Introducere

Virtuțile creștine sunt numeroase și au un rol foarte important în viața creștinilor pentru a se înduhovnici și a respecta îndemnul Mântuitorului Iisus Hristos: „Fiți, dar, voi desăvârșiți, precum Tatăl vostru Cel ceresc desăvârșit este” (Mt. 5, 48). Credincioșii trebuie să se lupte cu patimile, cauzate de păcate și să le combată prin cultivarea virtuților creștine.

Sfântul Petru Damaschin a enumerat o parte din virtuțile creștine și a ajuns la un număr de 228 de virtuți, însă în traducerea românească