

**„MINTEA ISIHASTĂ ȘI FILOCALICĂ”
ÎN GÂNDIREA TEOLOGICĂ
A LUI CALIST KATAFYGHOTUL (ANGELICOUDE)**

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Abstract

In the present study we propose to analyse a truth of the isihastic spirituality, which tells us that the mind (nous) is philocalic in nature. This truth is entrusted to us by St. Calistus Katafygiotus/Angelicoude. According to the theological thought of this leading philocalic author of the Church's neoptic tradition, the mind is philocalic, because it is "the pre-fatiguing icon of the Absolute Beauty beyond thought" and "loves very much to look by turning towards its Cause, since, as has been said, looking there it sees and surpasses itself". Given that the seismograph of contemporary society indicates a strong split at the societal level, but also at the level of personal life, the way out of this whirlpool of fragmentation and inner disunity can certainly be provided by an isihastic spirituality, which has as its central axis the union of mind and heart in the graceful communion with God-The Trinity, the authentic source of human unity as a spiritual reality, created in His image and likeness. One of the Philocalic and Isihastics Fathers, whose writings constitute a powerful antidote to this fragmentation and splitting of mind and heart, is St. Callistus Katafygippus/Angelicoude, on whom we will dwell in this text.

Keywords: St. Calistus Katafygiovth/Angelicoude, isihast, philocalic, data smog, mind, truth, freedom, unity, prayer, digital media, fragmentation

„Dar cunoștința vine din viața de isihie și prin urmare, primirea Duhului Sfânt, pe bună dreptate, vine din isihie, fiindcă isihia este îndumnezeitoare și prilej al darului Duhului Sfânt.”¹

¹ Καλλίστου τοῦ Ἀγγελικουδῆ, „Περὶ νοητοῦ πολέμου καὶ τῆς κατ’ ἄθρον ἐεῶς ἡσυχίας (Λόγος ΙΣ΄) 2²³⁻²⁴”, ἰν *Θεολογία* 1-2/1997, introduction, texte critique, traduction et notes par Archim. Syméon Koustas, p. 214 [trad. rom.: Sfântul Calist Angelicoude, „Despre războiul înțeleghător și despre sfânta isihie care-i urmează” (Cuvântul al XVI-lea), ἰν *Trei tratate isihaste*, traducere din limba greacă și note de Laura Enache, studiu introductiv de IPS Simeon Koustas, Mitropolit de Nea Smyrni, tradus ἰn limba română de Conf. Univ. Dr. Carmen-Maria Bolocan, ediție îngrijită și bibliografie de Pr. Dragoș Bahrim, Editura Doxologia, Iași, 2012, p. 164].